

**Christ Church Bolton**  
**Hiking Church Guidelines and Procedures**

Welcome to CCB Hiking Church Reflective Walks. The following are general guidelines and procedures for all hiking events:

1. Participants must pre-register using the online registration form found on the CCB website [www.christchurchbolton.ca](http://www.christchurchbolton.ca). Registration limits will follow current Public Health COVID 19 directives.
2. Participants will sign in upon arrival & departure.
3. Participants must maintain social distancing (min. 2 metres) at all times with participants who are NOT in their same household.
4. Face masks are required when physical distancing is not possible. Face mask guidelines will reflect current Public Health COVID 19 directives.
5. Participants should arrive 15 min. prior to hike start time.
6. Participants should arrive with the following: proper footwear, outerwear appropriate for weather conditions, insect repellent, sunscreen, water bottle, snacks (optional). Light coloured clothing and long socks are encouraged for tick protection.
7. Cell phones should be on Vibrate Mode during the hike.
8. No group photos are allowed. The Hike Leader will take a group photo for the use of CCB advertising, with participants who have consented in the Waiver. Please restrict photos to yourself & nature.
9. Pets are permitted only on hikes, designated as 'pet friendly'.
10. Each hike will have a Hike Leader and Sweep. The Hike Leader will review trail etiquette prior to hike start.
11. Hikes will incorporate a word of prayer/meditation, the Acknowledgment of Territory.
12. During each hike, participants will have an opportunity for reflection & personal meditation. After, a time of sharing thoughts/feelings with the group will be facilitated by the Hike Leader.
13. Hike Leader will decide if a hike is cancelled due to inclement weather a minimum of 2 hrs. prior to hike starting time. The cancellation will be posted on CCB website.